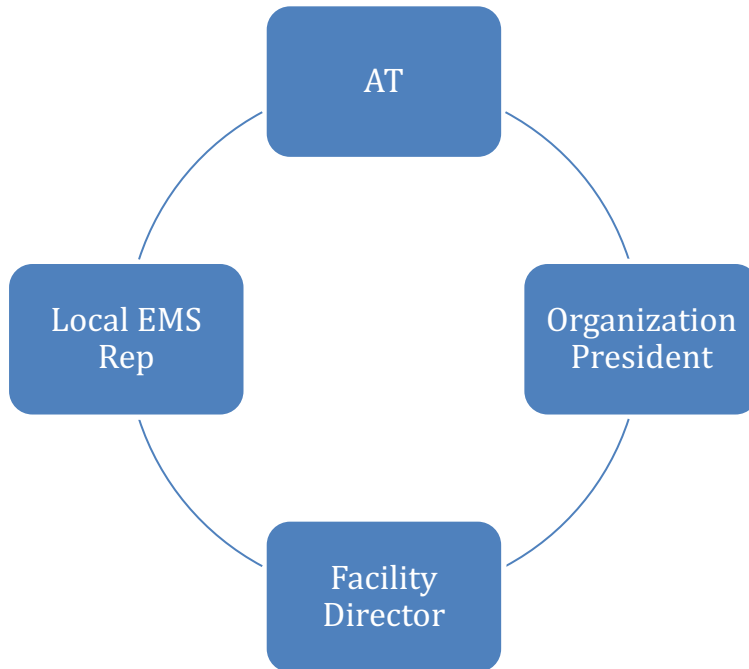




EAP Committee for Youth Sports

Example of EAP Committee Composition for the Youth Sport Setting





Script for Calling Local Entities

Below is a script for calling local urgent care, hospital, police, hospital, fire, EMS.

Script

Hello,

My name is [YOUR NAME]. I am [YOUR TITLE] at [YOUR ORGANIZATION]. We are having a [EVENT NAME/DESCRIPTION] in your area this weekend at [FACILITY NAME] in [FACILITY CITY, STATE]. We expect [NUMBER OF TEAMS] and [TOTAL NUMBER OF EXPECTED PARTICIPANTS AND SPECTATORS] in attendance. The event is happening on [NUMBER OF PLAYING SURFACES AND VENUES] and we will have [DESCRIBE MEDICAL TEAM] on site. We will be equipped with an [INCLUDE MAJOR EMERGENCY EQUIPMENT] and other emergency equipment and we do not anticipate needing any assistance unless and emergency arises.

I wanted to call and let you know that this event is happening nearby in the event of an emergency. There is no ask of you, and no action steps you need to complete, I just simply wanted to let you know that this large event is happening in the community.

Thank you,

[YOUR NAME]

Example of the script, filled out

Hello,

My name is Ellis Mair. I am the Director of Participant Health and Safety at Go4Ellis. We are having a lacrosse tournament in your area this weekend at United Sports in Downingtown, PA. We expect 200 teams and over 2,000 participants and spectators in attendance. The event is happening on 11 fields and we will have 6 athletic trainers on site. We will be equipped with an AED, splints and other emergency equipment and we do not anticipate needing any assistance unless and emergency arises.

I wanted to call and let you know that this event is happening nearby in the event of an emergency. There is no ask of you, and no action steps you need to complete, I just simply wanted to let you know that this large event is happening in the community.

Thank you,

Ellis Mair



Discussion Points – One-Off Event

Discussion points for PRN athletic trainers working a one-off youth event

Pre-Event Questions

- EAP:
 - What is the EAP for the facility?
 - How is that accessed?
 - What type of emergencies would activate the EAP?
 - Is it venue and sport specific?
 - Is it posted throughout the venue?
 - Will the EAP be distributed, reviewed, and/or rehearsed with all medical staff ahead of the event?
 - What are the local medical facilities closest to the facility?
 - Hospital, urgent care, imaging, pharmacy?
- Staffing:
 - Who is the Event lead? Facility lead? Medical lead?
 - Is there a lead ATC?
 - How are these people accessed?
 - What is the athletic trainer-to-field ratio?
 - How many other athletic trainers are working at the event?
 - What is the event schedule for both athletic event and athletic trainer coverage?
 - Is a physician or other type of medical provider available and/or on-site?
- Supplies:
 - What supplies do I need to bring?
 - Are extra supplies provided? If so, where?
 - What emergency supplies are available?
 - AED, splints, cold-water immersion, spine board, etc.
 - Is DME equipment (crutches, braces, etc.) available?
- EMS
 - If available on site:
 - Is EMS on site? If so, where are they located?
 - How are they accessed?
 - If not available on site:
 - What is the protocol to contact them?
 - How do they access the field of play upon arrival?
 - Who will meet them at the facility entrance to guide them to the location of emergency?
- Facilities
 - Is there a medical facility that can be utilized?
 - If outside, are there medical tents throughout the event?
 - Is there a temperature-controlled facility that can be utilized?
 - Are there treatment/taping tables available?
- Weather Management

- Is there a weather plan/policy in place for the venue?
- Who is responsible for monitoring?
- How is the weather monitored?
- Communication
 - What is the primary, secondary mode of communication for the event?
 - Are radios available?
- Misc.
 - Is water, sports drinks, and/or ice available?
 - Who is responsible for set up/ refill/ breakdown?
 - How are injuries/ illnesses documented?
 - Who does the documentation go to?
 - Are there other events going on at the same facility simultaneously?
 - Will there be any pre-event meetings to review the event, expectations, etc?
 - Will pre-event medical meetings (Medical Time Out) take place?
 - Are any teams bringing their own medical provider, in addition to the on-site coverage?
 - Is there transportation (Gator, golf cart) available/ needed throughout the facility?
 - What is the dress code?
 - Is parking available? Where?

Post-Event

- Are there any follow up meetings that will occur post- event?
- When will any critical incident stress debriefs take place?



Discussion Points – One-Off Event

Discussion points for PRN athletic trainers working a one-off youth event

Defining culture

- What is the organization's mission statement? What are the organization's values?
- What are your goals for the partnership?
- What is your commitment to safety? Do you require your coaches to be CPR and first aid trained? Do you require them to take any coaches courses?
- What is the yearly turnover in leadership? What is the operational structure?
- Do you have any paid staff or is it all volunteer?
- Have you had any medical emergencies in the past? What worked or hasn't worked?

Resources

- Do you play at the same home field or are there multiple? Practice vs game sites?
- Does the facility have an AED or access to one?
- Are there any funds to buy equipment? Would you be willing to apply for a grant?
- Are there parents/coaches who are medical professionals and can help with writing and implementation?
- Does everyone (coaches, managers) have appropriate keys to unlock doors/gates?
- Do cell phones work at the facility or do you need additional modes of communication?

Action

- Set up a regular cadence for meetings depending on length of season; monthly, quarterly
- Reviews are easily conducted virtually to talk through the EAP
- Use an electronic form to document review and rehearsal
- Rehearsal with stakeholders can take 15 minutes - set up time at the beginning of practice while the team is warming up to rehearse, consider including athletes in rehearsal
- Rehearsal could also be held at an annual coaches meeting

If resistant, offer examples of why an EAP is important/beneficial

- Know county, state, league policies
- EAPs can often reduce insurance premiums
- Reduction of catastrophic injuries
- Reduction in cost of medical care for families
- Provide real world examples; Damar Hamlin, Bronny James
- Meet with parents and convince them the organization should adopt EAPs – make it personal



EAP Committee for Youth Sports

Example of a checklist for organizational stakeholders to use when renting youth sport spaces



Identify if the following items during conversation or tour:

- Emergency equipment
- Cooling tub/tarp
- Epi-pen
- Splints
- AED
- Water source
- Ice machine/source
- Coolers
- Athletic training or medical facility/tent

Available (yes/no)	Location



Identify the following:

- Venue points of contact
- EMS access points for each field/venue
- Who has keys to locked doors/gates/other access points
- Weather management system
- Modes of communication
- Security
- Parking

Name	Phone
Field 1	Field 2
Name	Phone
Yes/No	Monitor
Type	Accessibility
#	Locations
Location	