

Post-Emergency Action Plan (EAP) Debrief Guide

Professional Sports

Purpose: This guide facilitates a structured debrief following an emergency situation and activation of the EAP. The goal is to assess the coordination and effectiveness of the EAP, identify areas for improvement, and ensure team readiness for future incidents.

Post-EAP Debrief Questions:

1. What aspects of the EAP went well and were executed effectively, and what factors contributed to that success?
2. What aspects of the EAP and emergency response could be improved?
3. Were there any unexpected challenges or barriers encountered during the emergency response?
 - a. If so, how were they managed?
4. Did all personnel involved understand their roles and responsibilities?
 - a. Were there any areas of confusion or miscommunication?
5. How well did the coordination between medical personnel (athletic trainers, team physicians, paramedics, etc.) and venue security/staff function?
 - a. Were there any gaps in communication or teamwork
6. Were all necessary emergency equipment and supplies available, accessible, and functional?
 - a. If not, what needs to be improved?
7. How did the emergency response impact athletes, coaches, and staff in terms of emotional and psychological well-being?
 - a. Were appropriate support resources available?
8. If this incident were to happen again, what changes or improvements should be made to the EAP, training protocols, or facility setup?
9. What immediate follow-up actions are needed to ensure continued preparedness and improve future responses?

League-Wide Emergency Action Plan Guidelines

Professional Setting

Many professional leagues have regulations specific to the development and implementation of emergency action plans (EAPs) and may also have requirements for emergency response. Clear guidelines and timelines from the league would help streamline EAP processes.

The following is intended as a guide to help athletic trainers ascertain relevant information from their leagues to aide in their EAP development, implementation, and response and help ensure compliance.

Stakeholder Requirements

- **Development:** Who needs to be involved in the development of the EAP?
- **Rehearsal:** Who needs to be involved in the rehearsal of the EAP?
- **Approval:** Who needs to be involved in the approval of the EAP?

Frequency

- **Review:** How often do EAPs need to be reviewed?
- **Rehearsal:** How often do EAPs need to be rehearsed?
- **Approval:** How often do EAPs need to be approved?

Rehearsal Requirements

- **Involvement:** Who needs to be present during an EAP rehearsal?
- **Scenarios:** What scenarios need to be included in EAP rehearsals?
- **Simulation:** Do EAP rehearsals need to include simulation?
- **Equipment:** Is there any specific equipment that must be included in rehearsals?

Locations

- Do requirements apply to both game and practice facilities?

Pre/Post-Emergency Activation

- **Pre:** Does the league have any dissemination or approval requirements?
- **Post:** Does the league have any post-EAP activation requirements?

Third Party Involvement

- **External Review:** Does the league require third party/external review of the EAP?
- **External Approval:** Does the league require third party/external approval of the EAP?
- **Additional Requirements:** Does the league have any additional third party/external requirements regarding EAP development and implementation?
- **Specification:** Does the league have specification on who can serve as third party/external parties?

Resources

- What resources are available to help meet compliance?